

We hope you enjoyed a Merry Christmas and wish you all the best in the new year! As everything starts afresh, why not join the extensive environmental activities and take a look at the useful information that are specially designed for green supporters? Check this out and help save the world!

我們祝願您及家人有一個健康、豐盛的一年。新年伊始，何不參與我們特為各位熱衷環保人士度身訂造一系列環保活動和參考一些實用資訊？齊來從家居開始拯救地球！

Low Carbon Diet 低碳飲食



Local Produced Food 本地生產

Heavy transportation of food produces a large amount of carbon dioxide and greenhouse gas. We recommend you to consume local and regional food.

長途運輸過程產生大量二氧化碳和溫室氣體，因此我們建議大家多選擇本地生產食品。

Seasonal Crops 時令新鮮

To grow a better crop, seasonal cropping can be adopted. Pumpkin is suitable for summer cropping because it needs a longer sunlight. Seasonal cropping will reduce the use of fertilizer and pesticide and it will maximize the harvest.

種植時令蔬菜能促進農作物收成，亦可節省施肥及滅蟲藥。例如南瓜需要吸收較多陽光，適合於夏天種植。

Vegetarian-based Diet 多素少肉

A vegetarian diet can definitely help reduce greenhouse effect and resist global warming, considering intensive grazing is producing 10% of greenhouse gas in the globe.

奉行素食能減少製造溫室氣體。畜牧業產生全球10%的溫室氣體，加速溫室效應及全球暖化。

Energy Efficient Diet 省能烹煮

To reduce energy consumption, please defrost the food before cooking.

節約能源，煮食前請先解凍食物。

Organic Food 有機種植

Comparing with traditional farming methods, organic farming can better retain soil fertility and therefore helps reducing chemical fertilizers.

Crops are healthy this way!

有機種植比傳統種植方式更能保存泥土養份，避免使用過量化學肥料，使農作物更加健康。

Reduce Packaging 惜用善物

We advocate 3Rs (reduce, reuse and recycle) in our daily life. For example, avoid excessive packing and bring your own recycling bag.

我們鼓勵大家於日常生活中節約、重用和回收，如購物時減少不必要的包裝和自備購物袋。

Upcoming Events

Chinese New Year Recycling Program

新年回收計劃

26.01 - 14.02.2015

Recycle Items:

Toys, sports ware, games, small household appliances, stationery, musical instrument, used clothes and computer accessories.



回收種類：

玩具、運動用品、遊戲機、小型家電、文具、樂器、舊衣服及電腦配件



Collection Venue 收集地點：

Club Bel-Air Bay Wing, Peak Wing &
Club 8 Reception
灣畔、朗峰及Club 8 會所接待處

Cooperation Organization 合作機構：
AKA 香港仔坊會

Chinese New Year Gift Donation Programme

賀年禮品轉贈計劃

28.02 - 15.03.2015

Donation Items:

Chocolate, Cookie or Biscuit gift box, Rice, Noodle, Canned food or Flavourings (At Least 8 Weeks of Expiry Date with Sealed Packing)



募捐種類：

朱古力、曲奇、餅乾糖果禮盒、米糧、麵類、罐頭類及調味料等(食物包裝完好及食用日期為八星期或以上)

Collection Venue 收集地點：

Club Bel-Air Bay Wing, Peak Wing &
Club 8 Reception
灣畔、朗峰及Club 8 會所接待處

Cooperation Organization 合作機構
St James' Settlement- People's Food Bank
聖雅各福群會-眾膳坊

Red Packet Fish Making Workshop

利是封金魚製作工作坊

28.02.2015 (Sat/六)

Bring your unwanted Red Packet to join our red packet fish making workshop. Reuse the red packet to make it be a Chinese New Year decoration.

帶同家中已用完的利是封一同參加利是封金魚製作工作坊。循環再用的利是封可製成新年的裝飾品。



Details please refer to Clubhouse promotion poster. Let's work together to save our earth. For any enquiries, please feel free to email to crdept@pcpd.com.

活動詳情請參閱會所的宣傳海報。如有任何查詢，請電郵至 crdept@pcpd.com.

www.bel-air-hk.com